

Games:

The Terrible Whiteness of Appalachian Nights: CW: Flashing lights and loud noises, offensive imagery, sexual abuse, explicit content

Description:

In the game you play as K, a housewife taking care of her two children, Jack and Rose, and her husband Mark. It centers around your day to day life, and the mental distress it causes you. It has an incredibly dark and isolating feel to it, which is likely intentional. The game's main focus is to showcase the everyday isolation and abuse K faces, and further the abuse and exploitation of women as a whole.

A Shower Story (remake): CW: Body horror, Blood

Description:

The game is a short story about a woman on her period. The first ending is relatively normal, however the second one is incredibly graphic. The remake is made on Renpy, and includes visuals absent from the original.

Postal 2: CW: graphic violence, blood, racism, SA, animal abuse, non graphic bestiality, drug and alcohol use, offensive imagery, slurs, semi explicit content

Description:

In Postal 2, you play as Postal Dude, and need to complete daily errands for a week in order to complete the game. The game gives you the option to be as violent as you want, but can technically be played as mostly pacifist. The game was made as an anti censorship piece, and is incredibly controversial due to this.

Oiche Mhaith: CW: Child abuse, explicit content

Description:

Oiche Mhaith (Irish for goodnight) focuses on a young girl named Eimear living in an abusive household. The game focuses on the family's dynamics, and the emotional effects their abuse has on Eimear.

Movies:

Shoujo Tsubaki/Midori: CW: CSA, SA, graphic rape, body horror, animal abuse, abelism, disturbing imagery, violence, gore, child abuse, rape porn

Description:

The movie follows a young girl named Midori, who joins a circus group after her mother dies. She is then horrifically abused by this circus, until she is later groomed by a magician and forced into the cycle again

A Serbian Film: CW: SA, CSA, graphic rape, graphic rape of a child, rape of an infant, explicit content, gore, graphic violent imagery, abuse, necrophilia, slurs and offensive content, forced drugging, use of drugs and alcohol, sexual torture, sex trafficking, suicide

Description:

The film follows a former porn star who signs up to make an artistic film, only to be forced into an incredibly violent snuff film. This film was made as an anti censorship piece, as well as a critic on the definition of art.

The Human Centipede: Cw: sexual harrasment, torture, feces, extreme body horror, gore, suicide, forced drugging, disturbing imagery

Description:

Two girls are looking for shelter after their car breaks down, and they end up staying at the house of a strange man named Dr. Heiter. They are then drugged and surgically forced to create "The Human Centipede" a string of humans surgically connected mouth to rear, and forced to endure horrofic torture.

Grave of the Fireflies: CW: child abuse, war, torture, gore, starvation

Description:

The movie follows a teenage boy and his four year old sister through the bombings of Japan in WWII. While the film is not particularly gorey, it is still held as incredibly disturbing due to excellent writing and the bleak nature of the film. This was also made by Studio Ghibli, the same producers of "My Neighbor Totoro" and "Spirited Away" along with other famous family films.

Other/Misc

I have no mouth and I scream (book): CW: body horror, torture, rape, sexual abuse, racism, mutilation, war, animal cruelty, abuse, suicide, psychological torture

Description:

The book follows four survivors of the apocalypse being held captive and tortured by a sentient computer called AM that wiped out humanity. The book is about the cruelty they endure at the hands of the super computer, and AM's feelings about its own existence

One Last Dive: CW: Body horror, jumpscars

Description:

One Last Dive is a horror short film about a diver making their final rounds before going home.

Pokopokopikotan: CW: gore, disturbing imagery, child abuse, SA mentions

Description:

The short film follows two girls trauma slowly seeps into their childhood, and their struggles of coping with it.

My Little Goat: CW: body horror, gore, abuse, CSA, child abuse, rape

Description:

My Little Goat follows a grieving sheep mother who takes in a child under the impression he is her son. She takes him in to protect him from the wolf that had attacked and partially eaten her other children.

18+ Warning! The following contains adult material, viewer discretion is advised!

A-Kite: CW: CSA, SA, graphic rape, gore, drug use, child abuse, grooming
Description:

Kite follows a teenager named Sawa who was trained as an assassin after her parents were murdered. The film centers around the emotional and sexual abuse she faces, her feelings about her own existence, and her attempt to make a better life for herself. It is an incredibly dark film, and surprisingly features very little pornography for a hentai.

Euphoria: CW: CSA, SA, graphic rape, incest, non-consensual pregnancy, gore, violence, extreme fetish material, torture, sexual torture, religious themes, cult activity

Description:

Six highschoolers and their teacher are locked in a white room and forced to rape each other in order to pass to the next level, where reaching the end will free them. The series focuses on the protagonist becoming increasingly sadistic and cruel, and the slow loss of sanity by the others. There are multiple different endings, all featured in separate segments.

Saya no Uta/The Song of Saya: CW: Psychosis, SA, CSA, rape, gore, disturbing imagery, cannibalism, violence, torture, sexual torture

Description:

The game follows the protagonist Fuminori after a car accident. When he wakes up, he sees the entire world as a bloody and horrific eldritch realm. He meets a girl named Saya, the only one who looks normal to him. They leave the hospital together, and fall further into insanity as the game progresses.

Mai-Chans Daily Life: CW: Gore, torture, extreme body horror, mutilation, violence, SA, graphic rape, cannibalism, explicit content, CSA, sexual torture, rape of a child, rape of an infant

Description:

The book follows a woman named Mai, who has the ability to regenerate her body without dying. She is sold to various men who horrifically torture and abuse. There are other people in the mansion as well, who she forms relationships with.